













Reception Curriculum Map for Physical Education

	Term 1 (1)	Term 1 (2)	Term 2 (3)	Term 2 (4)	Term 3 (5)	Term 3 (6)
Time	6 Weeks	6 Weeks	6 Weeks	6 Weeks	6 Weeks	6 Weeks
Year R	Following Plans for Physical Development: Foundation Stage					

Key Stage 1 Curriculum Map for Physical Education

	Term 1 (1)	Term 1 (2)	Term 2 (3)	Term 2 (4)	Term 3 (5)	Term 3 (6)
Time	6 Weeks	6 Weeks	6 Weeks	6 Weeks	6 Weeks	6 Weeks
Year 1	FUNS Static balance D1 - 4 	FUNS Agility D11 - 12 	FUNS Co-ordination D8 – 10 	FUNS Dynamic Balance D5 - 7 	FUNS Balance P1,2,5,6 Agility P8 Co-ordination P11 	FUNS Static balance D1 - 4 
	Dance	Gymnastics	Gymnastics	Dance	Dance	Athletics/Multiskills
Year 2	FUNS Balance P1 – 4, 5 – 7 	FUNS Agility P11 – 12 	FUNS Co-ordination P8 – 10 	FUNS Balance O1 - 4 	FUNS Dynamic balance O5 - 7 Co-ordination O8 	FUNS Co-ordination O9 – 10 Agility O11 - 12 
	Gymnastics	Dance	Top play	Gymnastics	Dance	Athletics/Multiskills

Long Term Curriculum Map for Physical Education

	Term 1 (1)	Term 1 (2)	Term 2 (3)	Term 2 (4)	Term 3 (5)	Term 3 (6)
Time	6 Weeks	6 Weeks	6 Weeks	6 Weeks	6 Weeks	6 Weeks
Year 3	Yoga	Fundamental Movement Skills	Netball	Cyber Coach Fitness	Swimming	
	Hockey	Dance	Gymnastics	Speedstacking (inc relay races)	Athletics	OAA
Year 4	Swimming		Netball or Rugby	Football	Golf	Tennis
	Fundamental Movement Skills	Dance	Gymnastics	Gymnastics	Athletics	OAA
Year 4/5	Swimming		Rugby	Athletics/Speedstacking (inc relay races)	Cricket	Rounders
	Netball	Fitness/Fundamentals	Gymnastics	Yoga	Athletics	OAA
Year 5	Taekwondo	Netball	Swimming		Cricket	Rounders
	Yoga	Gymnastics	Olympic Games Greek Dance	Circuit Training/Fitness	Athletics	OAA
Year 6	Rugby/Football	Basketball	Indoor Athletics	Hockey	Cricket	Rounders
	Dance	Fitness	Netball	Gymnastics	Athletics	OAA

Units can be moved around but please make sure all areas are covered during your 2 x1hour PE slots each week