



My Curriculum Map

2025/2026

| | TERM 1 | | TERM 2 | | TERM 3 | |
|-----------|-----------------------------|-----------------------------|-----------------------|---------------------|-----------------------------|-----------------------------|
| Reception | Introduction to PE : Unit 1 | Fundamentals : Unit 2 | Gymnastics : Unit 1 | Dance : Unit 2 | Ball Skills : Unit 1 | Ball Skills : Unit 2 |
| | Fundamentals : Unit 1 | Introduction to PE : Unit 2 | Dance : Unit 1 | Gymnastics : Unit 2 | Games : Unit 1 | Games : Unit 2 |
| Year 1 | Team Building | Yoga | Fitness | Gymnastics | Target Games | Striking and Fielding Games |
| | Ball Skills | Fundamentals | Sending and Receiving | Invasion Games | Athletics | |
| Year 2 | Gymnastics | Dance | Yoga | Team Building | Fitness | Athletics |
| | Fundamentals | Ball Skills | Invasion Games | Target Games | Striking and Fielding Games | |
| Year 3 | Dodgeball | Hockey | Basketball | Fitness | Swimming | Swimming |
| | Football | Rugby | Yoga | Tennis | Athletics | Athletics |
| Year 4 | Swimming | Swimming | Swimming | Swimming | Cricket | Athletics |
| | Yoga | Dance | Yoga | Dance | Dodgeball | |
| | Basketball | Rugby | Basketball | Rugby | | |
| Year 5 | Football | Rugby | Netball | Golf | Cricket | Athletics |
| | Yoga | Gymnastics | Fitness | Dodgeball | Rounders | |
| Year 6 | Gymnastics | Dodgeball | Hockey | Fitness | Cricket | Athletics |
| | Football | Rugby | Netball | Golf | Tennis | |