



St Elizabeths RC Primary PE Policy

St Elizabeths PE Vision Statement

That all pupils leaving our school are equipped with strong fundamental movement skills and the knowledge of how to apply them to different sports and activities in order for each child to reach their 'personal best'.

We strive to build the intrinsic motivation of all pupils to pursue a healthy, active lifestyle in an increasingly changing society and promote the School Games Values of: determination, honesty, respect, passion, self-belief and teamwork.

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Vision Statement and Aims

St Elizabeths PE Vision Statement

That all pupils leaving our school, are equipped with strong fundamental movement skills and the knowledge of how to apply them to different sports and activities and in order for each child to reach their 'personal best'.

We strive to build the intrinsic motivation of all pupils to pursue a healthy, active lifestyle in an increasingly changing society and promote the School Games Values of: determination, honesty, passion, self-belief and teamwork.

The objectives of teaching PE in our school are:

- ⌘ that every child understand the importance of sport and physical activity to both their physical and mental health
- ⌘ that every child have the opportunity to reach their full potential (their 'personal best')
- ⌘ to encourage an enjoyment of physical education and explain how these benefits extend outside the PE lesson
- ⌘ to enable children to develop, explore and master Fundamental Movement Skills and develop an understanding of how these skills are selected and used in different activities.
- ⌘ To develop the children's enjoyment of physical activity through creativity and imagination
- ⌘ to show children how to improve the quality and control of their performance with observation and evaluating and identifying best practice
- ⌘ to develop an understanding of how to succeed in a range of physical activities, and how to evaluate their own success

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- ⌘ to encourage children to work and play with others in a range of group situations (co-operatively and competitively)
- ⌘ to increase the awareness of being and staying safe during PE lessons, including the need for rules and regulations.

Curriculum entitlement and Organisation

St Elizabeth's offers a broad and balanced physical education curriculum that is designed to continually increase every child's confidence in managing themselves mentally and physically within a variety of activities.

St Elizabeth's children will gain experience of the following areas of PE:

- ⌘ Games
- ⌘ Gymnastics
- ⌘ Dance
- ⌘ Swimming
- ⌘ Athletics
- ⌘ Fitness
- ⌘ Outdoor and adventurous activities (KS2)

- ⌘ All children are entitled to receive 2 hours of physical education per week.
- ⌘ Teachers follow the Curriculum Map (with the exception of when Outside Coaches are employed to teach a specific sport, for example Taekwondo) which utilises the GetSet4PE Planning Resources.

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PE Routine and Procedure

Start of lesson

- ⌘ All children are to wear a PE kit on appropriate PE Days (implemented during COVID-19 Pandemic)
- ⌘ Discuss the learning objectives with the children at the start of the lesson to increase understanding of what is required.

Concluding the lesson

- ⌘ Allow time for a plenary at the end of the lesson (cool down). Review the aim of the lessons.
- ⌘ At the end of the lesson all children should be able to answer the question

“What have I learnt in PE today?”

This will give you a greater understanding of what the children know and understand. Extend more able children by asking ***“How can this be applied outside the PE lesson? Can you give examples?”*** and linking to wider School Games Values.

Health and safety

- ⌘ Our aim in PE is to keep all children safe during the lesson.
- ⌘ ‘BAALPE: Safe Practice in Physical education’ is located in the classroom of the PE Co-ordinator. For swimming teachers to refer to ‘Safe Practise in Swimming’ (Sefton LEA). For Outdoor and Adventurous Activities refer to ‘Safety in Outdoor Education’ (Sefton LEA).
- ⌘ Staff should be aware of the Fire and Emergency procedures and should leave the building safely and calmly onto the playground at the sound of the school alarm.

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- ⌘ **Accidents:** In the event of an accident the member of staff should remain with injured pupil. Another pupil should be sent to the office for help for major injuries if needed. For minor injuries, staff can administer First Aid (if staff First Aid trained). All incidents should be reported as per the schools First Aid procedures.
- ⌘ Faulty equipment should be reported as soon as possible to the PE Co-Ordinator who will mark it out of use until further notice (and arrange for equipment to be fixed or replaced)
- ⌘ Pupils must be under direct supervision at all times.

Gymnastics

- ⌘ All equipment is to be checked yearly and replaced where necessary or clearly marked unsafe.
- ⌘ Equipment should always be returned and stored in correct place
- ⌘ Benches are to be no more than two high (top stacked upside down).
- ⌘ The first gymnastic lesson of each module should include a focus on how the gymnastic equipment should be put out and away.
- ⌘ Each group should have a safety monitor to ensure the equipment is being set out correctly and that the entire group is safe.
- ⌘ Equipment is to be checked by staff before children use it each lesson.

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Swimming

- ⌘ All key stage 2 children will have the opportunity to learn how to swim while at St Elizabeth's. This is part of the school curriculum and all children are expected to take part
- ⌘ If for any reason a child cannot attend swimming they must bring a medical note to be excused from the lesson
- ⌘ Children are not allowed to wear earrings while swimming.
(This is a Sefton swimming regulation)
- ⌘ Children must wear a swimming cap while in the water *(This is a Sefton swimming regulation)*
- ⌘ Children must be accompanied at all times and escorted to and from the swimming pool
- ⌘ Teacher must sign school in at the front desk indicating how many children and staff have attended the session.
- ⌘ Swimming teacher must be aware of any absences.
- ⌘ Teachers follow TOPS swimming cards and are overseen by the specialist swimming teacher present on the day.
- ⌘ Children will be encouraged to achieve their National Curriculum by the end of Year 6.

Assessment

By the end of each year, most children should be at the 'Expected' level of attainment for their year group. Children achieving above would be considered 'Exceeding' and children below as 'Emerging' in line with the schools other school assessment grading procedures.

- ⌘ The basic model of recording pupil progress at St Elizabeths is recording half termly assessments for each unit on the

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Getset4PE PE Platform. Half termly assessments should be checked by the PE Co-ordinator.

⌘ Teachers should use the assessment criteria outlined on the Getset4PE assessment tool throughout the year in order to adapt planning to suit the children in their classes and ensure progression.

⌘ Assessment in Physical Education should be done through observation, question and answer sessions and videos of children's performances

⌘ All children should be taught to evaluate and improve their own work and that of others. Photographic evidence could be valuable and should be placed in the PE folder in the P;Drive.

⌘ At the end of the year, Getset4PE will generate an overall PE Grade for each pupil for reports, class teachers and PE Co-ordinator.

Reporting

Reports are completed during the summer term and Getset4PE helps to make an all-round judgement of the child's progress with special mentions to good performances in a specific activity.

⌘ Assessment is ongoing and undertaken by both teachers and children and it provides information for reporting to parents within a manageable system of ongoing observation and judgements in final performances/games in a unit.

⌘ Recording and reporting is in accordance with the school's policy which meets statutory requirements.

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- ⌘ All children should be taught to evaluate and improve their own work and that of others. Photographic and video evidence is valuable in supporting this objective.

Monitoring and Evaluating

Lessons may be observed although are not currently in the assessment cycle. CPD will be given following Staff Voice Audits in the Autumn term each year. The PE policies, practices and documentation related to physical education will be reviewed annually and inform the School Sports Premium Documentation which will be written up in the October of each academic year.

Teaching and Learning Strategies

Children at St Elizabeths will experience a variety of learning and teaching strategies throughout key stages 1 and 2. All children will have a balance of individual, paired and group activities. Children will have the opportunity to be co-operative, collaborative and competitive. These situations will aim to cater for the preferences, strengths and needs of every child. Children will have the opportunity to adapt and develop in a range of situations.

Inclusion

Every child matters throughout our school and every child should have the opportunity to experience success, enjoyment and satisfaction at their own level to reach their own 'personal best'.

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Through PE teaching, we provide learning opportunities that enable all pupils to make good progress. We strive hard to meet the needs of those pupils with special educational needs.

We aim to offer excellence and choice to all our children, whatever their ability or needs. We have high expectations of all our children. We aim to achieve this through the removal of barriers to learning and participation and all staff have received PE Inclusion Training in order to achieve this.

We want all our children to feel that they are a valued part of our school community. Through appropriate curricular provision, we respect the fact that children:

- ⌘ have different educational and behavioural needs and aspirations
- ⌘ require different strategies for learning
- ⌘ acquire, assimilate and communicate information at different rates
- ⌘ Need a range of different teaching approaches and experiences

The needs of individual children will be determined on an ongoing and individual basis in order to best cater for their needs.

Resources

All staff who teach PE have their own individual PE files as well as the Getset4PE Platform which includes documentation, planning, assessment guidelines. All resources are available for staff use including text resources and additional resources on the Staff Drive of the school

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system. Equipment is stored in the cupboard in the school halls (KS1/KS2) and audited twice a year (June and September) to ensure staff have access to high quality resources.

All staff are responsible for keeping the cupboard tidy and responsible for returning equipment to the correct place. The PE co-ordinator is responsible for maintaining and purchasing equipment. Gymnastics equipment will be inspected on an annual basis by an external company (currently 'Sportsafe' in 2026)

Facilities

We have a variety of areas in which children have PE. Two indoor halls, two playgrounds and an off-site school field. All children have access to the facilities required to develop a quality, balanced curriculum.

The Junior Playground has football and netball markings. There are also goals, basketball hoops and grid markings. The indoor halls are cleaned daily and are suitable for work in bare feet. The playground area is swept regularly and is kept safe and free from hazards.

PE and ICT

⌘ Information and communication technology is used to enhance the delivery of PE lessons (particularly on the Getset4PE Platform)

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⌘ Videos are also used of peer aged performers and elite performers to show quality performances to inspire children to aim higher.

In dance and gymnastics children can make video recordings of their performance and use them to develop their movements and actions. Older children can compare each other's performances from recordings, and use these to improve the quality of their own work. Class Ipads can record experiences during outdoor activities.

Professional Development

The co-ordinator for Physical Education will be responsible, in conjunction with the head teacher, for identifying priorities for staff development through staff meetings and Staff Voice. NQT's should be encouraged to attend the PE courses run by the South Sefton Partnership to increase confidence and high quality teaching in PE and online courses on the Getset4PE Platform. The PE co-ordinator then seeks out appropriate support or training courses to assist the teacher. Where possible, St Elizabeths will try to use the existing resources and expertise to develop effective teaching practise.

Primary Liaison and School Sports Co-ordinator

⌘ St Elizabeths have links with Savio High School and The Hawthornes High School. The Co-ordinator will seek to encourage the return of Sports Leaders from the schools to run and support in

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the delivery of sports activities and sports challenges during the year.

⌘ St Elizabeths is a member of the South Sefton Partnership which has links with local Primary and Secondary school and meets once each term to share good practice.

Extra Curricular Activities

⌘ St Elizabeths offers an extensive range of enrichment activities running within both curriculum time to ensure the maximum amount of children access events and in extra-curricular sessions.

⌘ St Elizabeths offers a variety of extra-curricular throughout the year to increase participation and enjoyment in School Sports and activities including Dance, Football, Yoga, Forest School, Golf etc.

⌘ St Elizabeths children compete in a wide variety of competitions including football, netball, basketball, rugby, cricket and hockey competitions and will seek to increase competitive opportunities each year

⌘ After school clubs offer the opportunity to build on curriculum learning and develop their passion for the sport and skills further

⌘ PE Coordinator links with South Sefton Partnership and Community Coaches to deliver extra-curricular activities as well as utilising the skills of existing staff within school to run clubs.

⌘ We encourage competitive element to team games at St Elizabeths and will seek to play fixtures throughout the year against other local schools. This is to enhance the achievement of

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children throughout the school and to offer greater opportunities to the gifted and talented children.

⌘ We also look at attend all SEND and 'Festival' events to ensure as many children as possible are given the chance to represent the school in a fun and non-competitive setting.

⌘ We have high expectations of fair play and team spirit in all activities and promote the School Spirit Award at South Sefton Partnership events.

⌘ All out of hour clubs require permission from a parent guardian. Details of the current club activities are sent to parents at the beginning of each term.

Sports Coaches

⌘ Coaches are utilised in some curricular activities (as part of CPD programmes) and within after school clubs. Coaches may be used to support and supplement the curriculum within the ethos and standards promoted by the school. Teachers should follow the Sefton Guidance on use of Sports Coaches.

⌘ Permission slips are to be received before a child attends a club. Permission slips should kept in the consent folder by the Club leader and a completed register is to be handed in to PE Co-ordinator and Children's University Administrator to keep a record of PE Extra-curricular activity at the end of each term.

⌘ Sports Coaches are to report to office and sign in at the beginning of their session.

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- ⌘ Sports Coaches are to present their certificates and DBS clearance at the office on their first session to be photocopied.
- ⌘ All visiting coaches must adhere to the school's safeguarding health and safety and fire regulations. These are made clear during the induction of a new coach (induction is carried out by PE co-ordinator).
- ⌘ Children must be supervised while getting changed to go home and all children must be supervised off site.

This Policy will be reviewed every year.

Signed: H. Kneale / M. Metcalf Date; 7/9/26
(*PE Co-ordinator*)

Signed: _____ Date:
(*Headteacher*)

APPENDIX 1: KIT

General Kit

- White t-shirt
- Navy blue/black shorts
- Pumps (bare feet for dance/gymnastics)

Outdoor Kit

- Comfortable tracksuit (preferably navy/black/grey)
- Training shoes

Swimming

- Swimming trunks (no shorts- Sefton Policy)
- Swimming costume (no bikinis)
- Swimming cap

Safety: No jewellery. Children to remove their own jewellery at the start of the lesson.

APPENDIX 2: NON-PARTICIPANTS

All children should take part in Physical Education lessons unless injured (letter **must** be produced from home/accident book checked if incident has occurred in school time) however if they are unable they can still make a contribution to the lesson. Children can be included in a variety of ways:

- Help getting out/putting back equipment
- Lead a warm up verbally
- Devise a practise to teach
- Write rules for a game/activity
- Observe and evaluate children's activity and give feedback to the whole class/group/individual
- Umpire, referee or score
- Complete a lesson evaluation through written work or diagrams

Pupil observation sheets are available on the school system in the Staff Drive PE folder for class teachers to print.